

Dental Anxiety and its Correlation with Perceived Stress: A Study on Dental Patients of Tripura

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Abstract

The present paper is aimed to ascertain the prevalence of dental anxiety and stress among patients with dental problem. The paper also aimed to examine the correlation between dental anxiety and perceived stress in patients having dental problems. The sample consisted of 104 patients who visited a specialized dental clinic of Agartala during December 2019 to March 2020 (4 months). Corah's Dental Anxiety Scale (1969) and Perceived Stress Scale (Cohen, Kamarck & Mermelstein, 1983) were used for data collection. Findings of the study revealed that more than 85% patients with dental problems had moderate to severe dental anxiety. Again more than 90% of them had moderate to severe stress level. Further dental anxiety and stress were significantly correlated.

Key words: Dental anxiety, Stress, Dental patients