

A Study of Personality Profile of Patients with Ulcerative Colitis
R.N. Singh* and Shubhra S. Bhardwaj**

Abstract

Ulcerative colitis as a disease affects over thousands of people in India and the world. Its health burden is on the rise all over the globe. This study was conducted to assess the personality profile of patients with ulcerative colitis and compare them with normal control participants. A group of 30 ulcerative colitis outdoor patients in the age range of 40-55 years was purposively sampled. Only those patients were sampled who had not gone under long term treatment. The patients belonged to Jaunpur district (U.P, India). A group of 100 healthy normal subjects was also sampled as the comparison group. The personality characteristics of both the groups were measured on 16PF questionnaire. The two groups were found to differ significantly on eight personality factors (A, E, G, N, O, Q₁, Q₂ & Q₃). This suggests that ulcerative colitis patients possess different personality traits as compared to the normal participants.

Key words : Ulcerative colitis, Inflammatory bowel disease, personality