

Adjustment Problems of Adolescent: A Study of English Medium and Assamese Medium School Girls
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Abstract

Adolescence is the most important period of human life. It is considered to be the very special period of human life cycle. It is a period of rapid development which is important for the impact on the total development of human personality. The rapid physical development cause undue worries in both boys and girls. The present study was conducted to assess the problems of adolescent girls in the area of physical, social and emotional adjustments. A sample consisting of 300 adolescent girls 150 from co-educational Assamese medium school and 150 from co-educational English medium schools of Kamrup district (M) of Assam was taken for the study. R.K. Ojha Bells Adjustment Inventory and a self-devised questionnaire were used to collect data from the sample. The statistical measures adopted were: Mean, standard Deviation and t-test. The results revealed that there is significant difference of problems of adjustment between the adolescent girls studying in English medium and Assamese medium schools.

Key Words: Adolescence, Adjustment, Emotional, Physical, Social