

**Impact of Life Skill Training on Creativity among Adolescents**  
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**Abstract**

The present study was an attempt to examine the impact of life skill training on creativity of adolescents. For this study purposive sampling technique was used. Sample for this study consists of 48 students of VIII class, out of which 31 students were boys and 17 were girls. These students were taking life skill training in government school of Delhi provided by Non-Government organisation. In the present study Pre- Post, experimental design was used, therefore for pre-test data was collected prior to the life skill training and post-test data was collected after one month of life skill training. To measure the creativity for pre and post-test Hindi version of Verbal Test of Creative Thinking scale by Baqer Mehdi (1970) was used. This scale measures the flexibility, originality and fluency. Collected data was analysed using SPSS package. Results obtained after the application of t-test and One way ANOVA are discussed in light of empirical evidence available. The paper discusses the research findings using the existing literature and highlights the implications of the study.

**Keywords:** Adolescents, Life skills, Creativity, Life skill training

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