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Impact of Parenting Styles on Adolescent Resilience

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Abstract

The purpose of this study was to find out the impact of parenting styles on adolescent resilience. The data was collected from 140 adolescents that include 70 boys and 70 girls from different schools in Calicut district. Tools used for this purpose were Connor Davidson's Resilience Scale (CD-RISC) and Scale of Parenting Styles. Pearson's Correlation coefficient and *t*-test were used for statistical analysis. Results show that there is a significant relationship between dimensions of parenting styles. Based on gender, resilience is seen higher in girls than boys. Authoritative parenting style is associated with higher resilience. Results also indicate that there is a significant difference in the dimensions of parenting style among adolescent boys and girls. Findings of the study are discussed for implication for adolescents and parents.

Keywords: Parenting styles, Resilience, Adolescents