

Home Environment and Mental Health: A Study among High School Students

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Abstract

The present study was conducted to examine and compare the home environment of high school students in relation to their mental health. A sample of 160 high school students was taken from the Moga district of Punjab. The sample was selected following non- random purposive sampling procedure basis. All the participants were uniformly administered Home Environment Scale (Mishra,1989) and Mental Health Check list(Kumar,1992) . The obtained data were analyzed using t test and co-efficient of correlation. Findings of the study revealed that there is no significant relationship between home environment and mental health of high school students. However, the rural and urban boys did differ significantly in their mental health scores.

Keywords: Home environment, mental health, High school students.

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