

General Well-being and Adjustment: A Study Among Adolescents

Moomal Chawra*and O.P. Sharma**

Abstract

The present investigation attempted to assess the Psychological well-being (pwb) and Adjustment of adolescents. A study amongst adolescents. The sample comprise 400 adolescents (200 boys and 200 girls) of first year MBBS students of medical college in Udaipur (Rajasthan) . The participants were administered the P. G.I general well-Being scale by Verma and Verma(1989) and the Adjustment Inventory by Sinha and Singh (1971), It measures adjustment in emotional, social and educational areas. Statistical analysis included Mean ,SD,t-test and ANOVA. Results revealed significant variation in psychological well being and adjustment of boys and girls.

Key words: Gender, Psychological Well-Being, Adjustment.

*Department of Psychology, Geetanjali Medical College and Hospital, Geetanjali University, India

** Department of Psychology, University of Rajasthan, Jaipur, India