

Effects of Life Skill Training and Positive Psychological Capital on Subjective Well-Being of Children With Hearing Impairment: An Intervention Study

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Abstract

The present study investigated the effects of training of life skills and positive psychological capital on subjective well-being of children with hearing impairment through the art of storytelling, using “Panchtantra” stories. It is an intervention study on 160 children with hearing impairment (115 Boys & 45 Girls), studying in special schools for children with hearing impairment in Jaipur (Rajasthan) using Pre-test – intervention – post-test design. The training was imparted through 28 sessions (20 sessions for LS and 8 sessions for 4 PPC) using sign language and visual aids to these children. The result of the study revealed that training of life skills and positive psychological capital have improved subjective well-being of children with hearing impairment significantly ($P < .001$). This training equipped them with psycho-social skills and positive perspective towards self, people and work to face the tough challenges of life effectively, independently. Such training paves the way to success and happiness in work place and in personal life.

Keywords: Life Skills (LS), Positive Psychological Capital (PPC), Subjective Well-Being (SWB), Storytelling.

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