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A Comparative Study of Adjustment and Life Satisfaction in working and non-working Women

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Abstract

The present study was conducted to assess and compare adjustment and life satisfaction in working and non working women. The major findings of the study were there was insignificant difference between life satisfaction of working and non-working women. There was found to be insignificant difference between adjustment of working and non-working women. If the findings are truly and sincerely followed, it can have tremendous impact on education for every person because adjustment and life satisfaction is necessary in life.

Keywords: Adjustment, Life Satisfaction, working, non-working women.

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